

GYMNASIUM

RULES & REGULATION

- ONLY RESIDENTS AND UP TO 2 GUESTS ACCOMPANIED BY RESIDENT ARE PERMITTED TO USE THE GYMNASIUM.
- CHILDREN UNDER THE AGE OF TWELVE (12) ARE NOT PERMITTED IN THE GYMNASIUM. CHILDREN OF AGE THIRTEEN (13) TO SIXTEEN (16) MAY USE THE GYMNASIUM UNDER PARENTAL/GUARDIANS SUPERVISION AT ALL TIMES.
- PROPER ATTIRE AND SHOES MUST BE WORN IN THE GYMNASIUM.
- ALL EQUIPMENT MUST BE RETURNED TO ITS PROPER PLACE AFTER USE. NO EQUIPMENT IS TO BE REMOVED OR TAKEN OUT FROM THE GYMNASIUM.
- STRICTLY NO SMOKING, FOOD & ALCOHOLIC BEVERAGES WITH EXCEPTION OF DRINKING WATER ARE PERMITTED IN THE GYMNASIUM.
- ALL LIGHTS, EQUIPMENT AND AIRCONDS ARE TO BE SWITCHED OFF AFTER USE.
- PLEASE BRING ALONG TOWEL TO WIPE SWEAT AND THE EQUIPMENT AFTER USE.
- THE MANAGEMENT SHALL NOT BE HELD RESPONSIBLE FOR LOSS AND DAMAGE TO ANY PERSONAL PROPERTY AND / OR INJURIES / DEATH SUSTAINED WHATSOEVER IN THE USE OF FACILITIES IN THE GYMNASIUM.
- KINDLY STRICTLY FOLLOW THE INSTRUCTION ON THE EQUIPMENT WHEN USING THEM.
- MANAGEMENT RESERVE THE RIGHT TO PROHIBIT THE GYM USER FROM FURTHER USAGE OF THE GYMNASIUM IF THE PERSON HAS VIOLATED ANY OF THE RULES & REGULATIONS.
- MANAGEMENT RESERVES THE RIGHT TO AMEND THESE RULES & REGULATION WITHOUT PRIOR NOTICE.



GYMNASIUM OPENS

FROM 6.00AM TO 12.00AM DAILY